

TEARS OF A CHILD

R. J. Burling ©5th February, 2009

Innocence is gone for good,
Yet she's only five;
Taken by the one who should
Make her feel alive.
Took advantage of her trust,
Did that with his lies.
Now she suffers with her shame:
All alone she cries.

CHORUS (sung by a child)
Daddy please don't hurt again
Like you've done before
I don't like the things you do
Behind this tight shut door
Daddy won't you go away
Please don't make me wild
All I have when you've been here
Are tears of a child.

What he did can't be undone
She is scarred for life.
Wonder what her future brings
Through the storms of strife.
Shattered by the sickest lust
Forced upon her mind.
By the one she trusted most
That is so unkind

CHORUS

As she grows so does her pain
Deep inside is shame.
Wonders why she has to feel
Guilt from his sick game.
All the things he does to her
Messses up her mind.
When she tries to tell someone
They pretend they're blind.

CHORUS

This song may be heard by accessing Songs on our website

TO REPORT ABUSE IN THIS REGION

To Contact the
Group Name
Details
in this area please call
#####

Or you may report abuse at
any police station

Or to
Dept. of ??????????????

CONTACT US

MAIL
P.O. Box 1032,
INVERELL. NSW. 2360.
Australia.

EMAIL
crinthsil@christianpeople.info

WEBSITE
<http://cryinginthesilence.christianpeople.info>

To ask for help is not the weaker option
It is not the cowards way out
It takes courage and strength
IT REBUILDS YOUR LIFE



Crying In The Silence

ABUSE INFORMATION BROCHURE

FOR THE REGION OF

REGION COVERED

A project that offers hope and dignity to the victims of
abuse and their supporters.

<http://cryinginthesilence.christianpeople.info/>

SOME FACTS ABOUT ABUSE

1. A child is abused in the USA, on an average, every two and a half minutes. That translates to the fact that somewhere in the world, a child is abused every six and a half seconds.
2. Abused children are more susceptible to sexual predators.
3. In the USA, approximately 4 children die each day as a direct result of abuse.
4. Abuse is not always visible, especially with adults. Adults would rather hide the signs of abuse than speak out about it.
5. Children find adults difficult to talk to about having been abused, because adults don't want to believe them. For adults, it is socially unacceptable to talk about their abuse.
6. Abuse knows no social barriers, no age barriers and no gender barriers.
7. Perpetrators make their victims feel that the victims are the guilty ones in abuse situations.
8. Abuse is not limited to just sexual abuse. It can be social, mental, physical, emotional, spiritual, financial, spatial and many other forms.
9. Emotional scars from abuse are, generally, a life sentence.
10. 1.64% of children under 4 years of age will be abused.
11. More children under 5 years of age (in the USA) die of abuse than from any other single cause.
12. Only 1 in 3 cases of abuse (estimated) are ever officially reported.
13. Fear is the main weapon used by the perpetrators of abuse against their victims.
14. To ask for help is not the weaker option and is not the cowards way out. It takes courage and strength to speak out.

THE YEARS HAVE TAKEN ITS TOLL

Plenty of friends, yet I feel so alone
Nearly everyday that goes by, is on my own
I do have family who I go and see
But at the end of the day there is still only me
My lack of confidence comes from years of abuse
Tormented by rejection; I think what's the use
I hate being asked, what I've achieved
Feeling worthless as I do, I almost can't breathe
Very embarrassed, because there is nothing to tell
A life of misery that was nothing but hell
Humiliated by my own lack of knowledge
I did try hard when I went to college
So many times I nearly gave up
I felt so miserable, almost corrupt
The way I was thinking was not good at all
So angry for being dumb, I felt so small
Not many people knew the misery I was in
I hid it so well, my face showed a grin
Never encouraged, when I was a child
All I did was rebel and go wild
I still feel I cannot integrate well
Sometimes I wish, I was fish in a shell
The years of abuse has taken it toll
Thank you Lord, now that you're in control

© Natalie Price February 2009

[More poetry about abuse and the solution, by this lady and others, can be found on our website under Poetry](#)



ADVICE FOR KIDS

1. If someone is touching you in places that you do not like, tell a grown up person such as a teacher, a policeman or policewoman or a grown up person you trust.
2. If a person is hurting you in ways that you think are wrong, tell a grown up person such as a teacher, a policeman or policewoman or a grown up person you trust.
3. If people are bullying you, tell a grown up person such as a teacher, a policeman or policewoman or a grown up person you trust.
4. If you know a friend who is having any of these things done to them, tell them to tell a grown up person such as a teacher, a policeman or policewoman or a grown up person they trust.
5. If someone is doing these things to you, you are not the one that is being bad and you should not get into trouble when you tell a grown up person you can trust.