

CRYING IN THE SILENCE

R. J. Burling ©02 January, 2009

Loneliness within her heart just seems to get her down
Does not want to live a life ex-pressed with only frown
But that's how she feels.
Tortured by the past she left behind so long ago
Why she had to go through that she just does not know
Only pain she feels. So she's

CHORUS

Crying in the silence: a pain within her heart
Crying in the silence: why did the feelings start.
Crying in the silence: the pain hurts deep inside
Crying in the silence: the shame she feels to hide.

No-one would believe her when she tried to tell her tale
They would turn and tell her it was just a fairytale
They just said she lied
Battered, bruised and shattered she just had to go alone
No one wants to hear the sound of pain that makes her groan
She just left and cried. left her
CHORUS

Doesn't want to go on: she just feels that none could care
None to sit and talk about the pain she needs to share
No-one hears her call
Fate has dealt a blow to her she feels none understand
Wasn't life supposed to be something that was grand
Wants to end it all. Now she's

CHORUS

Crying in the silence: a pain within her heart
Crying in the silence: why did the feelings start.
Crying in the silence: the pain hurts deep inside
Crying in the silence: the shame she feels to hide.

CHORUS 2

Crying in the silence: where no-one feels her pain
Crying in the silence: her heart is filled with pain
Crying in the silence: she feels she can't go on
Crying in the silence.



CONTACT

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The song may be downloaded, free,
from the website.



Crying In The Silence

A project that offers hope and dignity to the victims of
abuse and their supporters.

<http://cryinginthesilence.christianpeople.info/>

AIMS

The aims of this project are as follows:

1. to make victims of abuse fully aware that they are NOT the guilty party in the event and that their suffering, torment, shame and guilt are suffered by many, many other people all around this planet;
2. to offer an avenue of disclosure for victims to seek advice, encouragement, guidance and other things that may be available to them where they live;
3. to offer friendly people who are prepared to just listen to what you have been through as you seek to unburden your heart of this torment;
4. to make the general community more aware of the problem, the suffering and the lack of public support that is suffered by victims; and
5. to endeavour to have people more willing to accept that such stories, especially by children, are not a product of a fertile imagination but are real.

INTRODUCTION

It is a sad reflection on our society that we have such a high, mostly unreported, level of abuse, particularly, though not exclusively, on females of all ages, some as young as twelve months.

The really sad part is that most of these people are made to feel, by the perpetrators, that they, the victims, are the ones to blame and that they are the ones who should be punished.

The story might have some twists from individuals but the result is the same; those who are the victims of this horrendous crime are the ones who are expected to bear the brunt of societies choice to ignore the problem and pretend it is not there.

Thus the victims are forced to suffer in silence for something that is not their fault and they feel that they are probably alone in what has happened. We are supposed to live in an enlightened world but still this cone of silence remains attached to such victims.

The song endeavours to get a message across to the victims and to those who choose to ignore their story, that they are not alone and that there are many, many sufferers out there who can truly understand. They also need to be aware that there also many people out there who, at least in part, understand their plight and are only too willing to listen and to help where they can. No, they cannot undo what has been done but they can help the victims to regain the dignity that was violently stolen from them by those who used them for their own selfish gratification.

It is also my message that there is one who can take away the pain of abuse and that is Jesus. Not the wishy-washy Jesus that is bandied about so readily but the real one.

This project is dedicated to those victims.

WHAT WE CAN OFFER

It needs to be said, right from the beginning, that the range of services will be constantly changing due to factors such as who is in the team, what country you come from, what your cultural background may be, what you actually need and many more factors.

We say this because the project is a growing and changing one as we endeavour to provide a service as is needed. However, our resources are limited in the early stages of our development. Many of our team of volunteers (yes, we are a voluntary organisation) are victims of abuse of some form or another and so they are able to associate with your feelings through experience. As we expand, we will see more volunteers joining us including professional people to whom referrals can be made, if necessary.

We are building a data base of local organisations and groups that are able to help people, depending upon the form of abuse you are experiencing or have experienced.

Contact with us is recommended through our website using the special form provided. The information in these contacts remain strictly anonymous, unless requested otherwise by you. The reason for this is that we are very aware of the fact that people often feel a degree of shame when coming to deal with their specific problem. A very small team of people will actually see the contact form and these will be very carefully screened to ensure confidentiality and privacy are maintained at all times. When information is referred to someone who will offer counselling, your Email address, and any other identification will not be given to them as all communication with you will happen at the one point. After contact is made back, you may choose to be put directly in touch with your counsellor, who does have the right to not accept direct contact.

For many, our service to you will be just finding someone to hear your cry and to allow you to talk to someone about the pain you are suffering as a result of the abuse. You may just want to "get it off your chest".